



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KIDS PLAY & EXCEL AFTER THE BELL

Kids University SAND POINT ELEMENTARY

Our program at Sand Point Elementary provides a stimulating environment where children experience classes rich in cognitive and creative skill-building. The hands-on Kids U format encourages children to experiment with a broad spectrum of afterschool enrichment classes that allow them to develop their own skills, talents and interests.



Classes run Monday to Friday after school until 5:15pm and will rotate on a quarterly basis. Come once a week or every day!

REGISTRATION

Register [online](#) or complete the attached registration forms and submit to the University Family YMCA. For more information, please contact the Program Registrar at 206 524 1400 or universityprograms@seattleyymca.org.

Everyone is welcome. Email the Registrar if you have questions about applying for a scholarship. While we are as accommodating as possible to individual schedules, our classes are staffed based on enrollment. All cancellation requests must be received before November 1. We will not offer prorated refunds for partial sessions of attendance. Thank you for being respectful of this policy.

REGISTER KIDS UNIVERSITY

FALL II SESSION 2016: OCTOBER 31 – DECEMBER 16

We offer an enriching and positive environment to help your child grow and develop to their full potential. With a calm and creative setting, Kids University offers your child the chance to thrive while learning and growing in a socially conscious, child-oriented, fun and enjoyable environment.

In order to ensure the success of all Kids University classes, cancellations will not be accepted and refunds will not be given after November 1. We will not provide prorated refunds for sessions of partial attendance.

Register online or fill out this form and return to the University Family YMCA or Kids University. Forms can be emailed to universityprograms@seattleyymca.org, faxed to 206 524 8613 or mailed to 5003 12th Ave NE Seattle, WA 98105. Registration can also be done online at www.universityfamilyymca.org. Please call the University Family YMCA at 206 524 1400 or email universityprograms@seattleyymca.org with any questions.

Child's Name: _____ Birth Date: _____

School: _____ Grade: _____

Parent Name: _____ Parent Birth Date: _____

Address: _____

Email: _____ Phone: _____

Out of Household Emergency Contact Name: _____ Phone: _____

Please indicate any health concerns or allergies that we need to be aware of:

List any medications that need to be administered during program hours:

List any behavioral needs or concerns we should be aware of:

Is there a family situation you want us to be aware of that would affect who picks up your child?

(If yes, we will follow up with you)

REGISTER CHOOSE YOUR CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2:05 - 3:45pm	2:05 - 3:45pm	2:05 - 3:45pm	2:05 - 3:45pm	2:05 - 3:45pm
<input type="radio"/> Animal Kingdom <input type="radio"/> Soccer <input type="radio"/> Out of this World <input type="radio"/> Dreamwork Teamwork <input type="radio"/> Fun Assembly Required	<input type="radio"/> Advanced Coding <input type="radio"/> Edible Science <input type="radio"/> Art with Heart! <input type="radio"/> Cardio Blast <input type="radio"/> TGA Tennis	<input type="radio"/> Comic Illustration <input type="radio"/> Soccer <input type="radio"/> Move to the Beat! <input type="radio"/> Building Bonanza	<input type="radio"/> Coding 101 <input type="radio"/> Edible Science <input type="radio"/> Crafty Creations <input type="radio"/> Hoop it Up! <input type="radio"/> Fenix Capeoira	<input type="radio"/> Write On! <input type="radio"/> Checkmates <input type="radio"/> Jurassic World <input type="radio"/> Hoop it Up! <input type="radio"/> Yoga and Mindfulness for Kids
3:45 - 5:15pm	3:45 - 5:15pm	3:45 - 5:15pm	3:45 - 5:15pm	3:45 - 5:15pm
<input type="radio"/> Board Games <input type="radio"/> Group Games	<input type="radio"/> Yarn Works <input type="radio"/> Gym Games	<input type="radio"/> Run the Bases <input type="radio"/> Creative Drama	<input type="radio"/> Forensic Detective <input type="radio"/> Fantastic Fun Frisbee	<input type="radio"/> Friday Funtivities

REGISTRATION

Register and pay for classes each session.

Most class fees are \$108 FM or \$117 CP per class per quarter. Some fees are different. See class descriptions page.

FM = Facility Members, CP = Community Participants

PAYMENT PLANS

- Pay in full
- Set me up for monthly payments

_____ of classes x \$ _____ = _____
 # _____ of classes x \$ _____ = _____

TOTAL AMOUNT DUE: _____

- Check (Made out to the University Family YMCA)
- Cash
- Visa MasterCard Discover American Express

Card Number _____

Expiration Date _____ Security Code _____

CLASS DESCRIPTIONS FALL II 2016

CLASS	TIME	GRADES	DATES	WEEKS	NO CLASS	COST
MONDAYS						
Animal Kingdom	2:05 - 3:45pm	3 - 5	10/31 - 12/12	6	11/21	\$108 FM / \$117 CP
We will learn about a different animal each week and do a craft inspired by that animal.						
Soccer	2:05 - 3:45pm	3 - 5	10/31 - 12/12	6	11/21	\$108 FM / \$117 CP
Students are invited to learn skills and make friends in this fun, fast -paced class. All ability levels are welcome to practice & scrimmage weekly.						
Out of this World	2:05 - 3:45pm	K - 5	10/31 - 12/12	6	11/21	\$108 FM / \$117 CP
Explore distant worlds and galaxies, and participate in out-of-this-world activities and lessons about space.						
Dreamwork Teamwork	2:05 - 3:45pm	K - 5	10/31 - 12/12	6	11/21	\$108 FM / \$117 CP
Build leadership and teamwork skills through fun and engaging physical activities.						
Fun Assembly Required	2:05 - 3:45pm	K - 5	10/31 - 12/12	6	11/21	\$108 FM / \$117 CP
Lego Lucas' LEGO-based classes are a ton of fun, but they're about more than just play. By mixing engaging building activities with the endless creative options of the LEGO system, our classes provide a hands-on way for students to develop problem solving skills, learn to collaborate as a team, and gain the confidence that comes from harnessing their creativity.						
Board Games	3:45 - 5:15pm	K - 5	10/31 - 12/12	6	11/21	\$108 FM / \$117 CP
Students will not be bored by board games! We'll work on social skills such as patience and taking turns-and have a blast doing so!						
Group Games	3:45 - 5:15pm	K - 5	10/31 - 12/12	6	11/21	\$108 FM / \$117 CP
In this fun physical club, participants will play classic group games such as capture the flag, kickball, sharks and minnows, and more. The focus here will be sportsmanship, teamwork and participation.						
TUESDAYS						
Advanced Coding	2:05 - 3:45pm	3 - 5	11/1 - 12/13	6	11/22	\$108 FM / \$117 CP
Gain the software development skills to create and design your own interactive stories, games, and animations.						
Edible Science	2:05 - 3:45pm	K - 5	11/1 - 12/13	6	11/22	\$108 FM / \$117 CP
Who doesn't like to get messy and eat it too? We will do lots of exploring with science that you can also eat. This class is all around great for inventors, creative minds, explorers and more.						
Art with Heart!	2:05 - 3:45pm	K - 5	11/1 - 12/13	6	11/22	\$108 FM / \$117 CP
Create crafts centered around caring. We will explore an essential Y core value with arts and crafts projects that give back.						
Cardio Blast	2:05 - 3:45pm	K - 5	11/1 - 12/13	6	11/22	\$108 FM / \$117 CP
Get your heart pumping with fun fitness activities like hopscotch, hula hoop contests, crab walk races and more!						
TGA Tennis	2:05 - 3:45pm	K - 5	11/1 - 12/13	6	11/22	\$136 FM / \$145 CP
TGA Premier Youth Tennis is bringing the tennis court to Sand Point Elementary! TGA, in national partnership with the United States Tennis Association, co-designed a tennis enrichment program that focuses on athletic, academic and character development for children. In addition to professional tennis instruction, your child will take part in a combination of physical fitness for health benefits and academics lessons featuring STEM concepts for educational development. TGA's mission is to empower our students with the tools to be successful on the tennis court and in life.						
Yarn Works	3:45 - 5:15pm	K - 5	11/1 - 12/13	6	11/22	\$108 FM / \$117 CP
Build skills and friendships while learning the basics of Knitting and Crochet. Take home your completed creations in time for holiday gift giving.						
Gym Games	3:45 - 5:15pm	K - 5	11/1 - 12/13	6	11/22	\$108 FM / \$117 CP
This class is for everyone! We'll play all of the favorites, everything from dodgeball and pin-down to spiderball. Sportsmanship will be a focus.						
WEDNESDAYS						
Comic Illustration	2:05 - 3:45pm	K - 5	11/2 - 12/14	5	11/16, 11/23	\$108 FM / \$117 CP
Are you interested in comics, cartoons, graphic novels or do you just like to draw? Students of any ability will learn to develop their narrative and graphic abilities, and take home a completed comic of their own creation!						
Soccer	2:05 - 3:45pm	K - 2	11/2 - 12/14	5	11/16, 11/23	\$108 FM / \$117 CP
Students are invited to learn skills and make friends in this fun, fast -paced class. All ability levels are welcome to practice & scrimmage weekly.						

Move to the Beat!	2:05 – 3:45pm	K – 5	11/2 – 12/14	5	11/16, 11/23	\$108 FM / \$117 CP
Dancers of all skill levels are invited to join us for this exploratory dance class. Each week we will survey a different dance style from hip-hop to polka!						
Building Bonanza	2:05 – 3:45pm	K – 5	11/2 – 12/14	5	11/16, 11/23	\$108 FM / \$117 CP
Make and create with a surprising variety of materials and find your inner engineer!						
Run the Bases	3:45 – 5:15pm	K – 5	11/2 – 12/14	5	11/16, 11/23	\$108 FM / \$117 CP
From kickball to baseball and any other sport that involves going from here to there. Stay active and healthy, and hone your physical skills.						
Creative Drama	3:45 – 5:15pm	K – 5	11/2 – 12/14	5	11/16, 11/23	\$108 FM / \$117 CP
Imagine, enact, and reflect on experiences both real and imagined. We will be using theatre techniques and creative play to explore self expression.						

THURSDAYS

Coding 101	2:05 – 3:45pm	2 – 5	11/3 – 12/15	6	None	\$108 FM / \$117 CP
Get familiar with the basics of coding and learn different techniques that you can work on at home!						
Edible Science	2:05 – 3:45pm	K – 5	11/3 – 12/15	6	None	\$108 FM / \$117 CP
Who doesn't like to get messy and eat it too? We will do lots of exploring with science that you can also eat. This class is all around great for inventors, creative minds, explorers and more.						
Crafty Creations	2:05 – 3:45pm	K – 5	11/3 – 12/15	6	None	\$108 FM / \$117 CP
Let's get Crafty! Kids will create different hands on crafts each week! We will never do the same project twice.						
Hoop it Up!	2:05 – 3:45pm	K – 2	11/3 – 12/15	6	None	\$108 FM / \$117 CP
There are a wide variety of games you can play using a basketball other than basketball. PIG and BUMP are just a few you will play.						
Fenix Capoeira	2:05 – 3:45pm	K – 5	11/3 – 12/15	6	None	\$146 FM / \$155 CP
Fenix Capoeira will be leading this course exploring Afro-Brazilian art form that arose from the pressures of injustice and oppression out of African slavery in Brazil. Over the past 500 years it has evolved from a secret fighting practice into an art emphasizing self-expression and community celebration, and is a vivid display of self-defense, acrobatics, dance, music, community, and culture.						
Forensic Detective	3:45 – 5:15pm	K – 5	11/3 – 12/15	6	None	\$108 FM / \$117 CP
Forensics is the application of science to solving crimes. In this hands-on science exploration, participants will learn about collecting evidence, testing for clues and analyzing.						
Fantastic Fun Frisbee	3:45 – 5:15pm	K – 5	11/3 – 12/15	6	None	\$108 FM / \$117 CP
We will play lots of game with Frisbees, from golf to ultimate, relay games and more! All skill levels are invited to join us as we build teamwork and leadership skills.						

FRIDAYS

Write On!	2:05 – 3:45pm	2 – 5	11/4 – 12/16	5	11/11, 11/25	\$108 FM / \$117 CP
Creative writing has never been this much fun! Traditional and non-traditional writing activities that promote fun and excitement while helping to improve reading, writing and language skills. Weekly writing activities will incorporate free writing, brainstorming, group writing, character creation, setting development, and developing stories to go with newspaper pictures.						
Checkmates	2:05 – 3:45pm	K – 5	11/4 – 12/16	5	11/11, 11/25	\$108 FM / \$117 CP
Improve critical thinking, make new friends, and learn one of the most popular games ever—join chess club! All levels are welcome to learn about rules, strategy, practice & have fun.						
Jurassic World	2:05 – 3:45pm	K – 5	11/4 – 12/16	5	11/11, 11/25	\$108 FM / \$117 CP
Calling all paleontologists! Come express your love for dinos as we learn about the times before humans walked the earth!						
Hoop it Up!	2:05 – 3:45pm	3 – 5	11/4 – 12/16	5	11/11, 11/25	\$108 FM / \$117 CP
There are a wide variety of games you can play using a basketball other than basketball. PIG and BUMP are just a few you will play.						
Yoga and Mindfulness for Kids	2:05 – 3:45pm	K – 5	11/4 – 12/16	5	11/11, 11/25	\$108 FM / \$117 CP
This class will introduce the concepts of Mindfulness and Yoga to elementary-aged children via mindful movement, relaxation and breathing practices. Karen Bullard (Karb) is a certified yoga instructor (RYT 200, soon-to-be RYT 500) and has been certified by Mindful Schools via their year-long training.						
Friday Funtivities	3:45 – 5:15pm	K – 5	11/4 – 12/16	5	11/11, 11/25	\$108 FM / \$117 CP
A combination of physical activity games and classic board and card games to keep their Friday after-noon's fresh and fun.						

CONDITIONS OF MEMBERSHIP AND PARTICIPATION

Member Health: The applicant(s) represents that he/she is in physically sound condition and understands that participation in aerobics and other exercise, weight training, recreational sports, and use of pools, spas, saunas, steam rooms and fitness equipment carry a potential risk of injuries or illness. The applicant further understands that the YMCA of Greater Seattle assumes no responsibility for any such injury or illness.

Member Conduct and Right to Use the Facility: Applicant agrees to abide by all policies and procedures of the YMCA of Greater Seattle and its branches and understands that failure to act in accordance with these rules may result in expulsion from the YMCA and revocation of the membership.

Criminal History: The applicant acknowledges that it is the policy of the YMCA of Greater Seattle to deny membership to any individual convicted of a sexual offense and that the YMCA will periodically check its membership records for criminal history.

Property Loss: The applicant understands that the YMCA of Greater Seattle is not responsible for personal property lost, damaged or stolen while using YMCA facilities or participating in YMCA programs.

Photograph Permission: The applicant hereby gives permission for the YMCA (local, national and international) to use, without limitation or obligation, photographs or other media that may include the member's image or voice to promote or interpret YMCA programs.

Cell Phone/ Video Taping: Due to the advances in video equipment and telephone video technology, and for the safety and security of our members and guests, any and all video equipment may not be used in locker rooms, dressing areas, shower areas, restrooms, or other areas generally deemed to be "private" within YMCA facilities. The YMCA of Greater Seattle requests that cell phone usage be reserved for lobby areas only.

Insurance: The applicant understands that the YMCA of Greater Seattle does not provide any accident or health insurance for its members or participants and further understands it is the applicant's responsibility to provide such coverage.

Medical Treatment: I give permission to be given cardiopulmonary resuscitation (CPR). In the event the YMCA is unable to communicate with me, I also give permission to be given first aid treatment by a qualified staff member of the YMCA, and to be transported by ambulance or aid car to an emergency center for treatment. I further consent to the disclosure of any health information provided to the Y and to the medical, surgical and hospital care treatment and procedures (including, but not limited to, administration of necessary anesthetics, tests, x-ray examinations, transfusions, injections, drugs) to be performed by a licensed physician or hospital selected by the YMCA when deemed immediately necessary or advisable by the physician to safeguard my health.

LIABILITY WAIVER

In consideration of being permitted to utilize the facilities, services and programs of the YMCA of Greater Seattle ("YMCA") for any purpose including but not limited to, observation or use of facilities and equipment and participation in any program affiliated with the YMCA without respect to location, I, on behalf of myself and any children, dependents or personal representatives, hereby:

1. Acknowledge that I have (a) read this release and waiver of liability; (b) had the opportunity to inspect the YMCA's facilities and equipment or will immediately upon entering or participating will inspect and carefully consider such premises, facilities or program; (c) accept the facilities, equipment and program as being safe and reasonably suited for the purposes intended and (d) voluntarily sign this release and waiver of liability.
2. Release the YMCA, its directors, officers, employees, agents and volunteers (collectively "YMCA Releases") from all liability to me for any loss or damage done to property or injury or death to person, whether caused by the ordinary negligence of the YMCA Releases or any other person, and while I am in, upon or about any YMCA branch or any facilities or equipment therein or participating in any program or service affiliated with the YMCA.
3. Agree not to sue the YMCA Releases for any loss, liability, damage, injury or death described above and I agree to indemnify and hold harmless the YMCA Releases and each of them from any loss, damage or cost they may incur due to my presence in, upon or about any YMCA branch or any facilities or equipment therein or my participation in any program or service affiliated with the YMCA whether caused by the ordinary negligence of the YMCA Releases or by any other person. I assume full responsibility for the risk of such loss, liability, damage, injury, or death.

I intend for this release and waiver of liability to be as broad and inclusive as is permitted by the laws of the State of Washington. If any portion hereof is held invalid, I agree that the balance shall continue in full force and effect.

PLEASE SIGN ON ALL LINES BELOW

- I agree to the Liability Waiver, Conditions of Membership and Participation, Medical Treatment, and the following information about special needs of my child.
-

- Participation: I give permission for my child to participate in all activities, including field trips, challenge course activities, overnights, and swimming and to be transported as authorized by the YMCA.
-

- Specific medical, behavioral or developmental needs of my child: the YMCA strives to provide the best care possible, and being prepared for my child's needs will help my child adjust to the program. I recognize that in some cases, this program may not be suitable for my child. Depending upon my child's needs, additional paperwork and a meeting with a YMCA Director may be required prior to my child's start to ensure my child can best be accommodated. Failure to share information that identifies my child's special care, accommodations or supervision needs may jeopardize the placement of or continued participation by my child in the program.
-

- Medical Treatment: I hereby give permission for my child to be given cardiopulmonary resuscitation (CPR) and first aid treatment by a qualified staff member of the YMCA in the event I cannot be contacted. I also give permission for my child to be transported by ambulance or aid car to an emergency center for treatment. I further consent to the disclosure of health information and to the medical, surgical and hospital care treatment and procedures (including, but not limited to, administration of necessary anesthetics, tests, x-ray examinations, transfusions, injections, drugs) to be performed for my child by a licensed physician or hospital selected by the YMCA director when deemed immediately necessary or advisable by the physician to safeguard my child's health.
-

- I reaffirm my agreement to the "Conditions of Membership and Participation" and the "Liability Waiver." I release the YMCA, its directors, officers, employees, agents and volunteers (collectively "YMCA Releases") from all liability, I agree not to sue the YMCA for any loss, liability, damage, injury or death, and I agree to indemnify and hold harmless the YMCA ambulance or aid car to an emergency center for treatment. I further consent to the disclosure of health information and to the medical, surgical and hospital care treatment and procedures (including, but not limited to, administration of necessary anesthetics, tests, x-ray examinations, transfusions, injections, drugs) to be performed for my child by a licensed physician or hospital selected by the YMCA director when deemed immediately necessary or advisable by the physician to safeguard my child's health.
-

- I reaffirm my agreement to the "Conditions of Membership and Participation" and the "Liability Waiver." I release the YMCA, its directors, officers, employees, agents and volunteers (collectively "YMCA Releasees") from all liability, I agree not to sue the YMCA Releasees for any loss, liability, damage, injury or death, and I agree to indemnify and hold harmless the YMCA Rleasees.
-

REGISTER EARLY RELEASE DAYS

Students in kindergarten to 5th grades are invited to join in the fun at Kids University. Children build group skills, hone hand/eye coordination, improve reading skills, and build self confidence all under the playful disguise of gym games, art projects, story time, field trips and free-play time.

On early dismissal days, programs run from the end of school until 5:15pm. The cost is \$20 for early dismissals. Register online, by phone at 206 524 1400 or return this form via fax 206 524 8613, email universityprograms@seattleyymca.org or drop off to the University Family YMCA at 5003 12th Ave NE. Also, remember to bring appropriate outdoor gear for current weather conditions as we like to get outside, too!

Non-school day care is offered at Magnuson Park, including during Thanksgiving and Winter breaks. There is no care available on November 11, Veterans Day.

Child 1 Name: _____ Birth Date: _____

School: _____ Grade: _____

Child 2 Name: _____ Birth Date: _____

School: _____ Grade: _____

Parent Name: _____

Email: _____

Phone Number: _____

SELECT DAYS FOR FALL II SESSION

November 16 Early Dismissal _____ x \$20 = _____

SELECT PAYMENT OPTIONS

- Pay for selected days now.
- Set my card up to auto pay on selected dates.
- Add the charge to my monthly bill.

TOTAL AMOUNT DUE: _____

_____ Check (Made out to the University Family YMCA) _____ Cash

_____ Visa _____ MasterCard _____ Discover _____ American Express

Card # _____ Exp. _____ Security Code _____

Cardholder's Signature _____